

# Packing List

Nature Writing: New Mexico

May, 2017

Plan to carry everything in a single backpack or duffel,  
like carry-on for a flight.

## Essentials

- notebook or journal and writing materials
- insect repellent and suntan lotion
- sunglasses
- flashlight and extra batteries
- soap and shampoo, other toiletries as needed
- towel
- toothbrush and toothpaste
- camera (phone camera is okay)
- any required medicines
- book, cards, travel games
- snack foods

## Clothing and Gear

- water bottles (hydration system)
- small backpack for day use
- light jacket that is waterproof
- hat
- swimsuit
- shorts (2) and long pants (1)
- hiking boots (or tough walking shoes) and sandals
- shirts and a warm layer (average high is in 80s, low in 30s, sometimes)
- underwear and socks

Notes: